

**General
construction:
IST delivery
model**

IST ref: GCO

16-week programme

Subject	No. of weeks	Content
Pre-arrival		
Sign up with CITB Apprenticeship Officer	–	Sign up, Travel, Expenses, Accommodation (As required)
Block 1: Weeks 1-2		
Induction	2	Site induction; study skills; HSW basics (HASAWA, WHR, asbestos, manual handling, noise and vibration, fire awareness, COSHH); PPE/RPE; occupational health; small tools/equipment; storage principles Health and Safety; RAMS; Portfolio development; Introduction to SVQ, Induction to practical training
Remote, independent and work-based learning		Onsite Practical training and Experience
Block 2: Weeks 3-4		
Health Safety and Welfare	1	Introduction to Manual Handling, Acts & regulations, Safety Inspections. Productive working practices. Theory and Practical training sessions. Literacy and Numeracy.
Tools and Equipment	1	Introduction to Power Tools, Abrasive wheels, Small Plant, Maintenance. Move handle store resources. Theory and Practical Training sessions. Literacy and Numeracy.
Remote, independent and work-based learning	–	Onsite Practical training and Experience
Block 3: Weeks 5 - 6		
Technology	1	Scale rules, Graphical symbols and drawings, Construction technology, Communications, Standards Tolerances. Theory and Practical, Literacy and Numeracy

Concrete	1	Introduction to Concrete, Mixes/Admixtures, Shuttering Reinforcing, Sub Base compacting, Batching, Plant. Theory and Practical raining sessions. Literacy and Numeracy. Move handle and store resources. Practical and Theory sessions.
Remote, independent and work-based learning	–	Onsite Practical training and Experience
Block 4: Weeks 7- 8		
Concrete/Slab laying	1	Concrete, Mixing Compacting, Screeding Finishing, Take off Materials, Sub Base Materials, Slab Laying, Falsework/Formwork. Theory and Practical raining sessions. Literacy and Numeracy.
Paving/Kerbing	1	Theory and Practical introduction to Paving/Flexible/slabbing and Kerbing. Literacy and Numeracy. Practical and Theory.
Remote, independent and work-based Learning	–	Onsite Practical training and Experience. SVQ Portfolio Gathering Evidence
Block 5: Weeks 9 - 10		
Setting out and Levelling	1	Introduction to Levelling Equipment, Calculations, Theory and Practical sessions, Literacy and Numeracy. Assessments
Work Area Protection	1	Work area protection and safety Theory and Practical applications; project work. Assessments
Remote, independent and work-based Learning	–	Onsite Practical training and Experience. SVQ Portfolio Gathering Evidence. Submitting evidence for review.
Block 6: Weeks 11 - 12		
Setting out and Levelling	1	Levelling and setting out, Collimation to field, Collimation to Drainage Theory and Practical sessions, Literacy and Numeracy. Assessments
Drainage	1	Introduction to Drainage Theory and Practical applications; project work.
Remote, independent	–	Onsite Practical training and Experience. SVQ Portfolio

and work-based Learning		Gathering Evidence. Submitting evidence for review.
Block 7: Weeks 13 - 14		
Drainage	1	Installing Drainage, Travellers Profiles. Theory and Practical applications; project work.
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Remote, independent and work-based Learning	—	Onsite Practical training and Experience. SVQ Portfolio Gathering Evidence. Submitting evidence for review.
Block 8: Weeks 15 - 16		
Drainage/Concrete	1	Drainage/Concrete Theory and Practical applications; project work and assessment
Paving/Kerbing	1	Paving/Kerbing Theory and Practical applications; project work and assessment
Work-based SVQ Assessment	—	Onsite Practical training and Experience. SVQ Portfolio Gathering Evidence. Submitting evidence for Assessment.