

# Training Standard

Dump truck: rigid chassis, all sizes - wheeled (experienced)

## Learning outcomes

Including additional guidance to support training delivery and final assessment

*The learner will be able to:*

explain the hazards of working in the construction industry, and their responsibilities as dump truck operator

*Delivery to include:*

- why the industry has many hazards and why safe working practices must be adopted and maintained
- why personal health and safety is not just physical injury and can include the effects of noise and vibration. All of which can lead to lost time, lost income, expense for the employer, fines, custodial sentences
- Health & Safety at Work Act 1974, Provision and Use of Work Equipment Regulations (PUWER), Management of Health and Safety of Work (MHSW) Regulations, Construction (Design & Management) Regulations (CDM), Vibration at Work Regulations, Road Traffic Act, HSG144, LOLER, HSG46, GS6, in accordance with risk assessments, method statements, codes of practice and other relevant legislation, regulations, and industry good practice
- operators' moral obligations, legal obligations, and environmental obligations
- reporting structures, the importance of good communication on site (colleagues, management, and other workers on site)
- past incidences involving relevant plant and pedestrians
- working with other related roles for example marshallers, supervisors, other plant operatives, other occupations

*Assessment criteria:*

- identify common hazards on a construction site
- explain safe working practices relevant to the role of the dump truck operator
- explain personal health and safety relevant to the role of dump truck operator
- identify aspects of legislation, regulations, and industry good practice relevant to the role of dump truck operator
- describe reporting structures and the importance of good communication on site
- explain the responsibilities of a dump truck operator

identify and extract information from the manufacturer's handbook/operator's manual, and other information sources including digital

*Delivery to include:*

- use of the operator's manual (for the specific machine) during the practical elements of training to identify key preparation, operational and safety aspects of the machine
- types of information sources including machine control systems

*Assessment criteria:*

- identify and extract key elements for the preparation and safe use of the dump truck using various sources

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locate and identify the major components, signs and decals, and all controls of the dump truck and explain their functions

## *Delivery to include:*

- the purpose of principal components, the basic construction, controls, and terminology
- how correct and sympathetic use of the controls can ensure efficiency and safety of the machine and help prolong machine life by reducing wear and tear
- purposes of Roll Over Protection Systems (ROPS) and Falling Objects Protection Systems (FOPS) and other protection systems
- types and use of traction aids

## *Assessment criteria:*

- identify and explain the function of all controls and warning systems
- explain why the correct and sympathetic use of controls aids efficiency, longevity, and safety
- state the purposes of ROPS and FOPS and other protection systems
- locate and identify the major components, signs and decals, and controls of the machine
- describe the types and use of traction aids

conduct all pre-operational checks in accordance with manufacturers and legislative requirements

## *Delivery to include:*

- complete all pre-start and running checks before any activity takes place, including visual checks for damage, functionality, and effectiveness
- all componentry systems fully functional, including mechanical, hydraulic, pneumatic, electrical and electronic and other related systems
- replenish fuels, fluids and lubricants, and undertake grease-based lubrication activities
- manufacturers periodic checks and operator level maintenance requirements
- defect reporting requirements
- carry out routine adjustments
- safety systems functions including emergency stop
- health and safety requirements when undertaking basic maintenance activities including Personal Protection Equipment (PPE)
- check condition and function of seatbelt and any other restraining equipment
- check condition and function of any lighting and warning systems
- use of safety items for example struts for hydraulic tipping and steering rams
- function of rotating body/upper structure (if fitted)

## *Assessment criteria:*

- conduct all pre-operational checks as above in accordance with manufacturer guidance and legislative requirements (note: verbal description to the instructor of specific pre-start checks will be acceptable if the machine is hot where they cannot be done safely for example engine fluids) - *this should be observed during practical assessment*

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- explain the procedure for defect reporting and why it's important
- function of rotating body/upper structure (if fitted) - *this should be observed during practical assessment*

identify and maintain Personal Protective Equipment (PPE) and appropriate safety control equipment for dump truck use

## *Delivery to include:*

- what safety control equipment/PPE should be worn/used for machine operations and include the following: suitable safety footwear, ear defenders, face/eye protection, dust mask, suitable gloves, overalls, hard hat, Respiratory Protective Equipment (RPE), protective clothing and other related safety equipment
- appropriate use of Local Exhaust Ventilation (LEV), such as in confined spaces
- why weather conditions, including heat and cold, can determine what PPE is worn when using specific machine and the personal effects of incorrect equipment

## *Assessment criteria:*

- describe what forms of PPE and RPE must be worn for site operations
- explain why PPE and RPE must be worn for site operations
- give an example of when use of LEV would be appropriate
- state how severe weather can affect safety and health with insufficient equipment

safely get in and out the machine

## *Delivery to include:*

- working at height requirements
- safe use of all hand holds and steps
- facing the machine when getting in and out the dump truck for operational and maintenance purposes
- effects of continually getting in and out the dump truck for example fatigue, increased risk of falling and other related risks
- safe areas to get in/out the dump truck for example ground location, other vehicle movements and other related hazards
- procedures for accessing the dump truck when carrying out adjustment and maintenance activities

## *Assessment criteria:*

- explain the effects of not using correct procedures to get in and out the machine including when carrying out adjustment and maintenance activities
- demonstrate the correct procedures as listed above – *this should be observed during practical assessment*
- explain the areas for safely getting in and out the dump truck

prepare the dump truck for movement – site and highway travel

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## *Delivery to include:*

- use of seatbelts and other restraining equipment
- adjustment of seating and steering wheel/levers position and mirrors
- steering and braking systems checks
- types and use of visibility aids and what factors can affect clear, all-round vision
- where and why effective vision is extremely important
- how and where issues can arise when vision is limited during operation
- warning beacons and other safety systems/lights are operable
- traction aids/diff-locks and when to be used
- tyre pressure monitoring systems
- legislative requirements for road travel for example licencing for travelling on the public highway
- locking upper structure rotating body for travel

## *Assessment criteria:*

- ensure the seatbelt is worn correctly prior to any machine movement - *this should be observed during practical assessment*
- demonstrate how to adjust seating and steering wheel/levers position and mirrors - *this should be observed during practical assessment*
- demonstrate that functional checks have been completed for all applicable warning lamps, safety systems and vision-aid systems are in place, clear and functional - *this should be observed during practical assessment*
- conduct all-round visibility checks before moving away and explain why effective vision is extremely important - *this should be observed during practical assessment*
- identify and select correct PPE and weather-related equipment to be worn during practical activities
- explain the legal requirements for travelling on the public highway
- locking upper structure rotating body for travel - *this should be observed during practical assessment*

travel and manoeuvre the dump truck safely across varying terrain and inclines

## *Delivery to include:*

- travelling over various types of terrain, replicating typical site-type surfaces, in a loaded and unloaded state
- factors for automatic and manual gear selection
- how travel speeds and gear selection affect dump truck working efficiency, stability, safety, and emissions
- use of primary and secondary braking systems for example retarders/hill descent control
- issues which can occur if departing from designated haul routes
- types of underground services and the effects of travelling loaded machines near to/over services
- effects of travelling close to edges, embankments and trenches

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- travelling on inclines in a loaded and unloaded state
- how uncompacted surfaces affect stability
- dangers of working on stockpiles and authorisation requirements
- changes of centre of gravity when in loaded and unloaded state and when on inclines
- procedures in the event of machine roll over

## Assessment criteria:

- demonstrate safe travel over rough, undulating ground, inclines, and level surfaces – *this should be observed during practical assessment*
- demonstrate safe travel speeds in accordance with terrain and environment – *this should be observed during practical assessment*
- describe what issues can occur if departing from designated haul routes
- list the types of underground services and explain the effects of travelling loaded machines near to/over services
- describe the effects of travelling close to edges, embankments and trenches
- explain how uncompacted surfaces affect stability
- explain the dangers of working on stockpiles and authorisation requirements
- explain the changes of centre of gravity when in loaded and unloaded state and when on inclines
- describe the procedures in the event of machine roll over
- travel up and down a gradient (the slope must have an incline of 18% (1:5.5) with sufficient manoeuvring area at the top, or a straight ramp with an up and down route with a flat area at the summit) - *this should be observed during practical assessment*
- stop and start on the gradient whilst travelling uphill - *this should be observed during practical assessment*
- stop and start on the gradient whilst travelling downhill - *this should be observed during practical assessment*
- reverse the dump truck (min 50 metres) in a straight line and through a restriction (un-laden and laden) – not applicable to reversing seating types - *this should be observed during practical assessment*

manoeuvre in areas of restricted space

## Delivery to include:

- precautions to be taken when manoeuvring in areas of restricted space
- visual checks of the area for hazards and how to determine if safe to proceed
- check dump truck size relevant to working area, including working height and width
- lighting requirements and issues that may occur due to poor light conditions
- communication requirements with marshalls
- effects on ground conditions due to tight turns

## Assessment criteria:

- describe the precautions to be taken when manoeuvring in areas of restricted space

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- explain how to determine if safe to proceed
- describe lighting requirements and issues that may occur due to poor light conditions
- explain communication requirements with marshallers
- manoeuvre the dump truck through a chicane applying the full steering range in both forward and reverse direction (un-laden and laden) - *this should be observed during practical assessment*
- maintain full visibility and look at or face direction of travel – *this should be observed during practical assessment*
- avoid contact with structures and objects – *this should be observed during practical assessment*

conduct all necessary safety checks at the loading and discharging areas

## *Delivery to include:*

- safety checks that must be carried out to ensure the loading area and discharging area are clear of hazards
- actions required for emergency situations
- loading and discharge area segregation from other activities
- sufficient manoeuvring area
- ground conditions to support dump truck and load weight and maintains dump truck stability
- communication requirements and methods with loading operator
- working in hours of darkness and lighting requirements

## *Assessment criteria:*

- explain why safety checks of the loading and discharging area are necessary
- explain the need for sufficient manoeuvring area and what ground conditions are required for dump truck stability
- identify and use designated loading area entry and exit locations - *this should be observed during practical assessment*
- demonstrate how to ensure the loading area is clear of hazards and explain why this is important - *this should be observed during practical assessment*
- establish communication method with loading machine operators and support workers - *this should be observed during practical assessment*

position to receive loads

## *Delivery to include:*

- gearing and travel speed selection when approaching loading position
- types of body and discharge methods
- various types of loading equipment, such as conveyers, hoppers etc. and characteristics of each
- body load capacities including struck/heaped
- weighload indicating systems
- function of heated body (if fitted)



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- why ground conditions and level ground are important for loading purposes
- procedures to be followed to ensure no unintentional movement of the machine during loading
- minimising the need to reverse up to a loading machine
- factors that ensure operative personal safety during the loading process including designated safe areas
- FOPS cabs and factors that allow the operator to stay seated during loading

## Assessment criteria:

- position the dump truck for loading following loading operator's instructions using appropriate gearing and travel speed - *this should be observed during practical assessment*
- list types of body and discharge methods
- list various types of loading equipment
- describe weighload indicating systems
- explain the function of the heated body
- ensure that the dump truck is parked on firm level ground for loading and explain why ground conditions and level ground are important for loading purposes – *this should be observed during practical assessment*
- explain why it is important to minimise the need to reverse up to a loading machine
- ensure that the machine is braked prior to loading – *this should be observed during practical assessment*
- receive a minimum of 3 x loads to capacity of the machine - *this should be observed during practical assessment*
- ensure that the dump truck operator is within a safe area prior to the loading operation – *this should be observed during practical assessment*
- explain FOPS cabs and factors that allow the operator to stay seated during loading

ensure load integrity and security

## Delivery to include:

- how different material properties will affect the weight/volume of materials to be carried
- causes of overloading
- what can and cannot be carried in the body
- what the manufacturers requirements are for transporting loads
- how to ensure that the body is not overloaded
- how an overloaded body or offset load can affect stability and safety
- factors with loads that project beyond the body
- what is meant by maximum utilisation of the machine to transport granular-type loads
- why load integrity is important to safe operations

## Assessment criteria:

- explain how to check that the body is not overloaded with material - *this should be observed during practical assessment*

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- explain where to find the manufacturers requirements for securely transporting loads
- check that all loose material is removed before travel and explain why this is important - *this should be observed during practical assessment*
- explain what is meant by the maximum utilisation of a dump truck and how it is determined
- ensure that there is effective forward vision for travelling and that the load is secure - *this should be observed during practical assessment*
- explain why load integrity is important to safe operations

transfer loads to different locations

*Delivery to include:*

- factors that affect safe and effective transportation of loads
- prior confirmation on where each load needs to be transported to
- haul road etiquette between loaded and unladen machines

*Assessment criteria:*

- demonstrate keeping within designated travel routes - *this should be observed during practical assessment*
- maintain full observation - *this should be observed during practical assessment*
- ensure safe travel speeds in accordance with terrain and environment - *this should be observed during practical assessment*
- explain how to stay clear of any route hazards

discharge loads

*Delivery to include:*

- typical hazards within a discharge area and reasons for exclusion zones
- what checks need to be carried out at the discharge area
- typical hazards of discharging loads into trenches and over edges, including overrun prevention, substantial edge protection, and ground stability
- ground conditions to prevent instability
- vision requirements to avoid overrun
- factors that can affect machine stability when raising a loaded body including stuck/slow discharge loads
- effects of trapped loads with tailgate bodies
- discharging with the body laterally unlevel
- procedures for discharging loads including preventing unintentional machine movement
- procedures for ensuring full discharge of the body and clearing the discharge area
- travelling with raised body
- how to form stockpiles

*Assessment criteria:*

- check discharge area clear of hazards - *this should be observed during practical assessment*



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- demonstrate entering the discharge area exclusion zone using correct entry point - *this should be observed during practical assessment*
- check that the ground at discharge area is level and firm - *this should be observed during practical assessment*
- explain why pre-discharge checks are important
- demonstrate employment/use of trench overrun devices/berms or similar and explain why it is important to use them - *this should be observed during practical assessment*
- demonstrate the discharge of a minimum of 3 x loads over an edge with substantial edge protection and into an excavation (the trench or an edge must be at least 1 x metre deep and a minimum of 3 x the machine's width) - *this should be observed during practical assessment*
- demonstrate discharging loads to form a stockpile - *this should be observed during practical assessment*
- check to ensure the load has been fully discharged and the body is empty before receiving another load or completion of operations - *this should be observed during practical assessment*
- maintain full visibility and stability during the discharging activity - *this should be observed during practical assessment*

explain environmental considerations of machine use

## *Delivery to include:*

- health and social reasons to reduce machine emissions
- government industry zero emission initiatives
- what 'tailpipe' emissions are caused by IC (diesel) engines
- air quality and the component gases of air
- how engine emissions, including particulate matter affect air quality and the effects on human and environmental wellbeing
- measures to reduce emissions during operations including alternative/low emission fuels, fuel treatments and particulate filtration systems
- efficient use of the machine and when and how minimising engine use can aid air quality and fuel savings
- eco-friendly oils, fluids and lubricants
- fuel-saving techniques for specific item of plant
- appropriate disposal of waste
- spillage procedures

## *Assessment criteria:*

- explain the health and social reasons for reducing machine emissions
- discuss government industry zero emission initiatives
- list two or more effects on human and environmental wellbeing as a result of engine emissions
- identify measures to reduce emissions on site
- explain appropriate disposal of waste
- explain spillage procedures

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- describe the need to keep engine speed and load to a minimum whilst maintaining working efficiency

explain loading/unloading procedures for machine transportation

*Delivery to include:*

- procedures for preparing the dump truck for loading onto a transporter
- traction and surface preparation requirements
- understanding of agreed methods of communication between the plant operator and others
- working at height requirements when driving onto or off a transporter bed

*Assessment criteria:*

- describe the preparation required of both dump truck and transporter for loading and unloading of the dump truck
- explain the precautions to be taken when driving the dump truck onto and off the transporter bed
- state the methods of communication between the plant operator and others
- describe the dangers of and requirements for working at height when on the vehicle bed

carry out all end of work and shut down procedures

*Delivery to include:*

- types of safe locations, areas, and ground/terrain types where dump truck may be parked and should not be parked
- reasons for ensuring safe parking and unintentional movement
- carrying out parking, shut down and isolation requirements according to manufacturer's instructions
- reasons for dump truck isolation including security and non-authorized use by others
- use of anti-vandalism equipment

*Assessment criteria:*

- demonstrate and explain safe parking of the dump truck – *dump truck is parked in a safe, designated location, clear of hazards on level, firm ground - this should be observed during practical assessment*
- apply brake systems effectively - *this should be observed during practical assessment*
- demonstrate how to isolate and secure the dump truck to prevent non-authorized use and explain why this is important - *this should be observed during practical assessment*
- describe the use of anti-vandalism equipment